



## Washington State Little League District 1

### Student Athletes and Parent Sudden Cardiac Arrest Awareness Form Concussion Awareness Form

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## Washington State Little League District 1

### Concussion and Sudden Cardiac Arrest Awareness Form

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Washington State District 1 Little League believes participation in athletics improves physical fitness, coordination, self-discipline, and gives students valuable opportunities to learn important social and life skills.

With this in mind it is important that we do as much as possible to create and maintain an enjoyable and safe environment. As a parent/guardian or student/athlete you play a vital role in helping keep student/athletes stay safe while playing baseball or softball. Player and parental education regarding Concussions and Sudden Cardiac Arrest Awareness are crucial.

Your league will be providing you online information to help keep you informed about these two areas of concern. If you do not have access to these online links, informational pamphlets will be provided to you at your request. Please make sure your read this information carefully and understand it. If you have questions regarding any of the information provided online or in the informational pamphlet, please contact your league Safety Officer or District 1 Little League.

To assure you understand this information, Leagues will be requiring that you sign this form each year prior to participation in any of the Washington State District 1 Little Leagues.

**I HAVE RECEIVED ONLINE INFORMATIONAL LINKS OR HARD COPY PAMPHLETS REGARDING THE CONCUSSION LAWS AND THE SUDDEN CARDIAC AREST AWARENESS PROGRAM. I HAVE READ AND UNDERSTOOD THE INFORMATION PRESENTED.**

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STUDENT ATHLETE NAME (Printed)

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STUDENT ATHLETE SIGNATURE

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Date

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PARENT/GUARDIAN NAME (Printed)

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PARENT/GUARDIAN SIGNATURE

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Date

*If your child cannot yet read, write or understand the information presented, you may sign on your child's behalf .*